

New Batch Begins
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Distance Learning Course

Family Life Education

Management Institute of Population and Development



MIPD

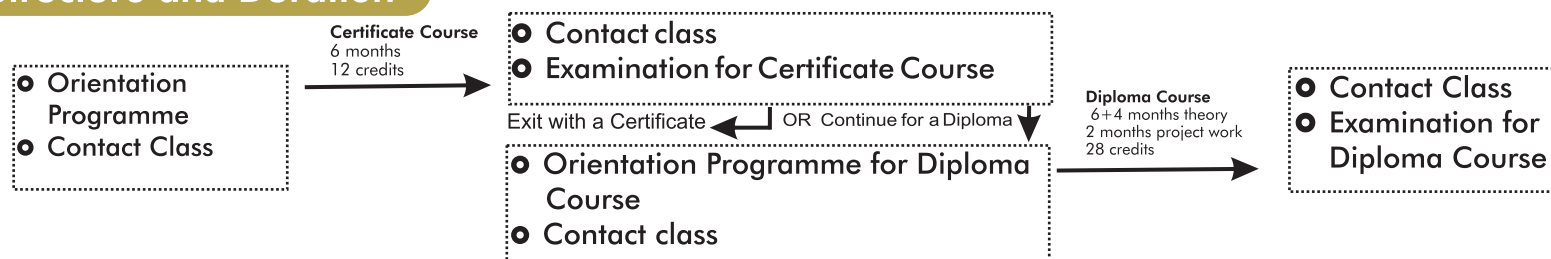
The Distance Learning Course on Family Life Education, successfully conducted a few years back by Parivar Seva Sanstha, has been adapted by the Management Institute of Population and Development (MIPD). Already 6 Certificate Course batches have been completed successfully since 2010. In 2 Years, we shall be able to fulfill all mandatory IGNOU Accreditation Guidelines. The course is especially designed for you, if you are a mid-level professional in sectors as health, education, women and child development or community development. It is also for aspiring students, 'peer educators', parents and housewives. Professionals in all fields can also be benefitted personally.

MIPD is a unit of Parivar Seva Sanstha, a professionally managed, highly reputed national NGO, established in 1978 as a "Society" under the Societies Registration Act, 1860". Parivar Seva Sanstha set up MIPD in September, 2007.

The Course

The course on Family Life Education is available both as a basic **Certificate** course as well as an advanced **Diploma** course, in a distance learning mode. The diagram below explains the course structure. The medium of instruction for the course is both in Hindi and English.

Structure and Duration



You may also choose selected topics from the course contents for 2 to 5 day workshops for Training of Trainers.

Course Contents

The **Certificate course** includes the following units:

1. Our Family and Community
2. Understanding Young People
3. Planned Parenthood
4. Promoting Healthy Lifestyle
5. Managing Interpersonal Relations

The **Diploma course** follows the Certificate course. It includes the following additional units:

1. The Science of Human Reproduction and Contraception
2. Gender Issues in Family Life
3. Our Health and Environment
4. Legal Issues in Family Life

Student completing the Certificate Course may also opt for the advanced Diploma course later, subject to availability of seats.

Additionally, the Diploma course includes **Project Work** to help develop writing skills, along with application of the knowledge and skills acquired by the student during the study period.

For this, before the Orientation Programme of the Diploma Course, you are required to submit the proposed Project Work Topic, the name of Guide/Supervisor who will guide your work, and brief details of the work that you want to do.

Eligibility

The course is open to all **graduates**. However, **non-graduates** with **experience in the social sector** can apply for the Certificate Course. Working knowledge of Hindi or English is essential.

Highlights

- Enhancing **skill and knowledge** of professionals to effectively integrate **varied work domains**
- Use of internet and other technology for effective **on-going interaction**
- **Student centred programmes-**
 - ◆ Choice of contact centres at Ajmer, Bhubaneshwar, Delhi, Jaipur, Kolkata and Lucknow, with a possibility of adding 3 new centers, based on need.
 - ◆ 2 Personal Contact Programmes (PCP) each month
 - ◆ Guest lectures and innovative strategies adopted for professional development
 - ◆ On-going problem solving on one - to - one basis
 - ◆ Guided project work
 - ◆ No additional exam fee for continuing students
 - ◆ Choice of writing the exam in Hindi or English
- **Flexibility** for accommodating schedule of working professionals-
 - ◆ Flexibility for course completion after scheduled date
 - ◆ Possibility of guided project work at own organisation
 - ◆ Deferring exam by six months, adhering to mutually accepted guidelines
 - ◆ Advantage of acquiring two certificates in a phased manner in the Diploma course

Benefits

Since 2010 amongst many, we have helped health and community educators, counsellors, teachers, community and NGO workers, peer educators, nursing professionals to improve their performance at work and enhance relationship. Parents, housewives and young professionals have also benefitted by improving their own personal relationships.

You too can benefit, if you are interacting or working with adolescents & youth, by:

- Enhancing knowledge and skills required to handle adolescents and youth
- Building capacity to address issues of adolescents and youth effectively
- Improving own career prospects by adding to qualifications

You may work in generalist, or in specialized areas such as health, education, industry, urban development, or with groups such as youth, women, the aged, or with multicultural groups, You may be involved in activities as diverse as community development, project and programme implementation, care giving, counseling, family therapy, research or policy development

After doing the Certificate Course in Family Life Education you will develop skills relevant to getting work in the services sector, including local and state government departments, with private industry, Non Governmental Organisation and also International Agencies. Adding to your professional, qualification, you will be qualified to explore roles as diverse as that of a-

- Coordinator
- Facilitator
- Consultant
- Youth projects officer
- Social worker
- Researcher
- Monitoring officer
- Health coordinator, among numerous others



It was very enlightening to observe and learn how simple things and their understanding can enhance our personal and family lives so much more. Everything ranging from interpersonal relationship, proper nutrition, different age groups, can cause problems in family life if not dealt with properly. I feel, the same applies to my work life. I sincerely thank MIPD for a focused and well designed program like this.

Anupama Garg
Content Management Expert



It is extremely useful for professionals associated with community based programmes, working with women, adolescent girls and boys. A package of essential information relevant to welfare projects, catering to different beneficiaries, addressing issue of families, youth, children, the elderly and women. Reading the books, working on assignments and attending the PCPs has helped me perform better. I would recommend this course to professionals, teachers, mothers of creche children, adolescents and workers associated with a variety of welfare programmes. They would upgrade their knowledge and skills that are essential in such programmes.

Charu Gaur
Programme Manager, ICPS UNIT
DWCDs, GNCTD

Course Fee

Certificate course: Rs. 3,500/- for 6 Months as Continuing Students
Diploma course: Rs. 5,500/- for 12 months as continuing students

An "EARLY BIRD" discount of 10% will be offered to the first 25 students

In addition, students can avail **group discounts** of 5% for a group of 3-5 students; 10% for a group of 6-9 students & 15% for a group of 10 students or more from the same department/ organisation provided completed forms are submitted by May30/ November 30 respectively of the semester selected.

Enrollment

Application forms and course prospectus are available at Parivar Seva Sanstha Support and Regional Offices, based in New Delhi, Bhubaneswar, Jaipur and Kolkata at a nominal cost of Rs. 25/- only. **Completed forms** along with a demand draft of the **requisite fee**, should be submitted to **Course Coordinator, Distance Learning Cell, MIPD, C-374, Defence Colony, New Delhi - 110024** by **hand or through registered post only latest by June 15/ December 15**. The demand draft should be drawn in favour of the Parivar Seva Sanstha, payable at New Delhi.

Forms can also be downloaded from the Parivar Seva Sanstha and MIPD websites at www.parivarseva.org and www.mipd.in. In this case, Rs. 25/- for prospectus and application form should be paid along with the course fee. Students from outside India can forward their interest through e-mail to communication@parivarseva.org for detail of course, fee etc.

The dates of Academic Sessions may be changed at short notice. Do keep in touch with us as informed below.



MIPD



Management Institute of Population and Development

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Email: communication@parivarseva.org, Website: www.parivarseva.org

Regional Offices: **Bhubaneswar:** 446, Nageshwar Tangi, Bhubaneswar, Orissa Ph. 0674 – 2433078 **Jaipur:** B- 49, New Colony, Panch Batti, Jaipur, Rajasthan Ph. 0141-2369891 **Kolkata:** 284 NSC Bose Raod, Kolkata 700047 Ph. 033-23116779